

Student & Faculty/Staff Travel | Safety

Members of the SAIS community should be informed about developments in the country/countries in which they live and/or travel. The following sites contain reliable and up-to-date information regarding current conditions around the world. We recommend you view them prior to departure.

Health Links

For current information on health issues around the world visit the [World Health Organization](#).

[Centers for Disease Control](#) provides information on infectious diseases, recommended vaccinations, and tips on staying healthy.

Check out the U.S. Department of State website, [Medical Information for Americans Traveling Abroad](#) for a list of links and resources in the U.S. and abroad.

The U.S. Department of State's [Travel Tips for Students](#) features information on visas to travel, study, or work abroad, how to obtain medical insurance, and how a U.S. Consulate can and cannot help in an emergency.

Sign-up for a free membership to the [International Association of Medical Assistance to Travellers](#) for access to the IAMAT Directory of participating physicians, specialists, clinics, and hospitals in 125 countries.

[Traveler's Medical Service of Washington](#) and [Passport Health](#) are reputable clinics with an experienced medical staff who can advise students about which vaccinations are required for travel to different regions/countries. Usually, costs for these shots are not covered by medical insurance plans; please inquire about this in advance.

Travel Warnings

The [U.S. Department of State, Bureau of Consular Affairs](#) provides links to travel warnings, public announcements, and consular information sheets for all U.S. consuls around the world.

Review country and contact other travelers on the [Lonely Planet](#) website.

The [CIA World Factbook](#) contains statistics, reference maps, and information on Geography, People, Government, Economy, Communications, Transportation, Military, and Transnational Issues for every country.

Travel Tips

Obtain and maintain appropriate insurance coverage and abide by any conditions imposed by the carriers.

Inform parents/guardians/families, and any others who may need to know, about your internship, provide them with emergency contact information, and keep them informed on an ongoing basis.

Be aware of local conditions and customs that may present health or safety risks when making daily choices and decisions.

Become familiar with the procedures for obtaining emergency health and law enforcement services in the host country.

Register at your Embassy or Consulate upon arrival.